

*A Child's Dream, Inc.*  
A Licensed Child-Placing Agency

Agreement Regarding Discipline Practices

The individual(s) signing below have applied to A Child's Dream, Inc. for adoption services, or for preparation of pre- and/or post-placement reports necessary for adoption of a baby or child. By signing this document we acknowledge the policies of A Child's Dream, Inc. pertaining to discipline of a child, which is set out below, and we agree to abide by these policies and practices when disciplining any children whom we may adopt:

1. The discipline of a child must be based on an understanding of the child's need and the state of development.
2. The discipline of a child must be designed to help the child develop inner control, acceptable behavior and respect for the rights of others.
3. The discipline of a child must be fair, reasonable, consistent and related to the child's behavior.
4. The responsibility for disciplining a child must not be delegated to a child.
5. In disciplining a child, cruel, unusual, frightening, unsafe or humiliating discipline practices must not be used. These include but are not limited to the following:
  - a. Spanking children with a hand or object;
  - b. Biting, jerking, kicking, hitting or shaking a child;
  - c. Pulling a child's hair;
  - d. Throwing a child;
  - e. Purposely inflicting pain as a punishment;
  - f. Name calling, using derogatory comments;
  - g. Threatening the child with physical harm;
  - h. Threatening or intimidating a child; or
  - i. Placing or requiring a child to stand under a cold water shower
6. In disciplining a child, methods that interfere with a child's basic needs must not be used. These include but are not limited to the following:
  - a. Depriving the child of sleep;
  - b. Providing inadequate food, clothing, living space or shelter;
  - c. Restricting a child's breathing;
  - d. Interfering with a child's ability to take care of their own hygiene and toilet needs;
  - e. Providing inadequate medical or dental care; or
  - f. Depriving a child of necessary services.
7. Medications shall not be used to discipline a child or control a child's behavior except when prescribed by a physician for such purposes. Medications shall not be used in an amount or frequency other than that prescribed by a physician or psychiatrist and medications must not be given to a child when such medications were prescribed to someone else.

Dated: \_\_\_\_\_

\_\_\_\_\_  
Adoptive Parent

\_\_\_\_\_  
Adoptive Parent